



Day One:

- 1. Students in scatter position around the room. Play melody on recorder. Have students travel with a locomotor word of their choosing. (Do this two or three times, students changing word each time)
- 2. Ask students to change their movement when they hear the melody change, if they hear a place where a non-locomotor word fits, they may add it.
- 3. Lead to discussion about form...ABCA
- 4. Show understanding of form by performing each section with a loco or non-loco word of their choosing. Observe to see understanding

Score

## Day Two:

- 1. Review movement and form
- 2. Add text, students should pick up on melody quickly after hearing it multiple times the previous lesson
- 3. Create list of "sun" words to be use later for a word chain—(morning, sunrise, light, dew on the grass, daylight, sunshine, etc)
- 4. Go back to melody and as a class, discuss and create movement to accompany song. These movements may not be all locomotor, but could include non-locomotor and/or body percussion. Also, students should think about formation-scatter? Circle? Longways set? Connect to text?

## Day Three:

- 1. Review melody, Split class in half (or more groups depending on class size)
- 2. Using list of words brainstormed in the last class, each group should create an 8 beat word chain. After (or while) choosing words, add body percussion.
- 3. After each group has had enough time to prepare and practice their movement and word chain, perform for class

Extra thoughts:

- Depending on the grade level, you may be able to teach students melody on recorder. Lends itself nicely to focus going from B to D with the finger "flip." Could be "traveling music" if you had different groups coming to middle to perform their B sections
- Add props to the movement section if you want—scarves, ribbons, hand drums?
- You could find poems about the sun, day/night, and have each group read one in rondo form instead of word chains—better yet have students write their own!

