

Megan Stroup
Book Review - November
K-5 Music Teacher
Zeman Elementary

In My Heart
By Jo Witek
Illustrated by Christine Roussey



This beautifully written book explores a full range of emotions describing how the characters feel physically inside. The language is lyrical, yet direct and clear. I use this book to practice articulating and identifying emotions with my younger learners. With its whimsical illustrations and sweet die-cut hearts, this unique feelings book is a must for every classroom!

Kaitlin Beck and I wrote a program to match for students in a K-2nd setting, but it can be easily adapted for upper grade levels. Please feel free to email mstroup@ps.org and I will send you a link to our program!

Here is a sample piece.. We adapted the melody of Music for Children Volume I, pg. 19, No. 23

*Smiling, smiling, from ear to ear.
Smiling, smiling, spreading good cheer.
My heart is happy, when it's this way.
Whirling and twirling, every day.
Smiling, smiling, from ear to ear.
Smiling, smiling, spreading good cheer.*

