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Lesson Plan – December  
K–5 Music Teacher  
Zeman Elementary  
Lincoln Public Schools



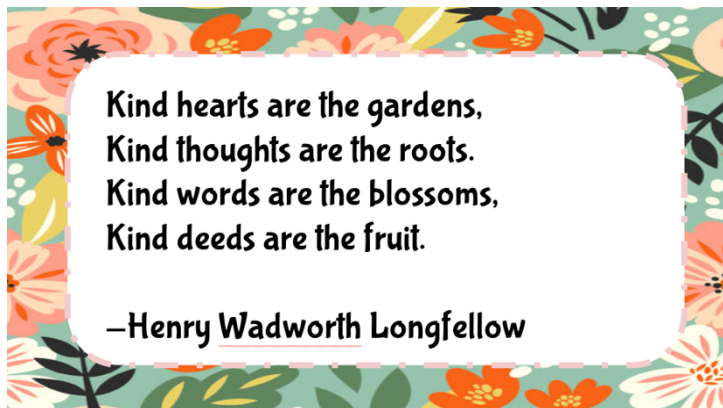
## Be Kind

**Level:** 2<sup>nd</sup>–3<sup>rd</sup> (depending on ability)

**Objectives:** Social Emotional Learning, melodic contour, form, phrasing, playing pentatonic melodies, and improvisation

### Process:

1. I present students with this quote. We take a moment to discuss in pairs or small groups what the meaning is. The students had various interpretations; some literal and some with deep meaning.



2. Next, I present the melody. I play it on recorder first and have the students track the contour of each phrase. We label each of the measures to discuss form as well: ABAC. This helps us to master the melody with text faster. You can also use solfege syllables.



3. After that, we read **Be Kind by Pat Zietlow Miller and illustrated by Jen Hill**. We sing the melody once every 3–4 pages to reinforce the meaning and the song. I also use the app **Novel Effect** while I read this story. It adds a soundtrack that follows my voice while narrating the story!
4. From there, students travel to the barred instruments and set them in C Pentatonic. We determine that C is our home note and begin to learn the melody. With their prior knowledge of analyzing each phrase, we slowly figure out the melody together! Students sing and play the short melody; this becomes our A Section.
5. During the next class, we discuss various ways to show kindness. Teacher records ideas on the board. We place these ideas into short rhythmic phrases. Students clap and say kind idea rhythm chains. This becomes our B Section.
6. Students go to the barred instruments and improvise their rhythm chains on various pitches in C Pentatonic.
7. Perform the piece in its entirety:
  - a. **A Section:** Sing and play “Be Kind” melody
  - b. **B section:** Improvise kindness rhythm chains
  - c. **A Section:** Sing and play “Be Kind” melody
8. Our exit ticket is sharing ways WE can be kind after music! (:

