

Establishing Music Room Boundaries

Helpful hint submitted by Nicole Chapman

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Establishing boundaries immediately in your classroom is important for safety during movement activities and games. Below is a helpful activity to start your school year. It encourages students to move safely through movement and song.



Your Bubble

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Voice

1. Walk ing in your bub - ble Walk-ing in your bu - ble

3 Walk-ing in your bub - ble Please don't let it pop!

Other Verses

2. Tiptoe
3. Marching
4. Heel walking
5. Crawling
6. Crap Walking
7. Jumping
8. Hopping
9. Slithering
10. Rolling
11. Scooting
12. Bear Crawl
13. Leaping
14. Sliding
15. Skating
16. Twirling
17. Prancing
18. Galloping
19. Skipping
20. Grapevine
21. Jogging
22. Running

Movement Exploration Activity

This activity is for establishing boundaries in the music room, but also turns into a fun game for students. Students blow up their bubble and move around the room without getting "popped" (running into anyone or anything). If every child in the class makes it through, then we progress to Level II. We play like a video game, and everyone in the class has to be successful to move through the levels. We play this game for about 5 minutes at the beginning of every class the first few weeks until the class has "mastered" the game by completing all the levels. When we are struggling to move safely during the year, we bring back the game and review. We always play this game again in January once we return from break.

One fun way to motivate classes to move safely through the levels is to list each class and their current level on the board.

Transpose the song as needed!!

