

5 Handshakes in 5 Minutes

This game is a fun ice breaker for the beginning of the year. I like to use it because I get really bored of name games (even though they are super important) and it gets the kids up and moving.

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What you'll need:

5 different fun handshakes

- You can make them up
- You can Google some
- You can have the kids make them up
- Here are some examples to get you started:



Mork: hands are connected between the middle and the ring finger

Walleye: fingers are placed on the inside of the forearm, almost to the elbow, and hand is slapped against the forearm

Hoedown: Dance a jig in front of each other

Cool Guy: Grab hand with a wrapped grip around the thumbs and do the chest bump and back slap

Lumber Jack: right hand to right hand, and left hand to left hand thumb wrap grips so that the arms are in an X. Then they push and pull back and forth like they are cutting a tree.

Triple Scoop: first person makes the cone holding up 2 fingers, then partners take turns putting scoops of ice cream (fists) on the cone. (Google it - once you see it, it will make more sense)

Home Run: normal hand shake then one person "tosses up a ball" and the other person pretends to hit it out of the park

Directions:

Teach one handshake using a class volunteer. Then tell the class they have to do the handshake with as many partners as they can before they hear the sound of a triangle. (I require my students to thank each other at the end of each handshake. "Thank you for being my partner" and we emphasize eye contact as a sign of respect.)

Continue in the same way with the four other handshakes.

Extension - Have students create their own fun handshakes to teach to the class.